

Pani Tradizioni E Prospettive Della Panificazione In Sardegna

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bread contains human knowledge from knowledge concerning fertility of the land to farming methods harvesting and seed processing not to mention the different possibilities of consumption of cereals and the different ways in which they are cooked in bread we find all those components the transformation of the natural landscape technological and economic development which over the centuries have led to the building of a social organization with a precise division and distribution of tasks and roles

with her new book Italian food activism in urban sardinia cultural anthropologist carole

counihan makes a significant contribution to understanding the growing global movement for food democracy providing a detailed ethnographic case study from cagliari the capital of the italian island region of sardinia she draws upon sardinians own descriptions of their actions and motivations to change their food as they pursue grassroots alternatives to the agro industrial food system through gas gruppi di acquisto solidale or solidarity based purchase groups organic and urban agriculture alternative restaurants and farm to school programs they link their activism to the sensory and emotional resonance of food and its nostalgic connections to place tradition and culture they stress the importance of education through experience and they build relationships and networks through workshops farm visits and commensality the book focuses on three key themes to emerge in interviews with cagliari food activists the significance of territorio or place the importance of taste and the role of education by exploring these areas of concern counihan uncovers key tensions in consumption as a force for change in individual vs group actions and in political and economic power relations which are of crucial importance to wider global efforts to promote food democracy

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